



# Cold Lake Middle School

Phone: 780-594-5623 or email [clms@nlsd.ab.ca](mailto:clms@nlsd.ab.ca)  
 Fax: 780-594-7554  
 Website: [coldlakemiddleschool.ca](http://coldlakemiddleschool.ca)-to get current calendar, hot lunch and events!!!  
 Like us on Facebook, [www.facebook.com/ColdLakeMiddle](http://www.facebook.com/ColdLakeMiddle) -to get a glimpse into our daily school activity!!!  
 Download our CLMS2GO App on iTunes and Google Play  
 Download NLS2Go--you will get news and bus route cancellation information and much more.



Weekly Highlights		Upcoming Events
October 10-13, 2017		
Cross Country		<ul style="list-style-type: none"> <li>● Oct. 16-School Council Meeting 6:30pm</li> <li>● Oct. 20-ATA institute and Systems Day-No school for students</li> <li>● Oct. 25-Earth Ranger Presentation grade 4-6</li> <li>● Oct. 27-Halloween Dance 6-9pm</li> <li>● Oct 28 - Junior High Volleyball tournament</li> <li>● Oct. 30-31-Bus safety training for all students</li> <li>● Nov. 1-Picture retakes</li> <li>● Nov 17-Report cards come home</li> <li>● Nov 21-22-PTI 5-8pm</li> </ul>

**APPLE SCHOOL NEWS:** This month, students are learning the importance of drinking water through a monthly campaign called **Way to Go, H2O!** What is so great about water?  
 \*water maintains your body's fluid balance and body temperature at a healthy level and helps you digest food  
 \*drinking water regularly throughout the day is the best way to avoid dehydration and headaches caused by dehydration



Our **Mission:** To inspire our learners to realize their individual potential.  
 Our **Vision:** To achieve educational excellence in a student-centred environment.  
 Our **Values:** are Respect, Safety, Trust, Pride, Ethics, Quality and Accountability.



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## All About Us!!!

### Safe Arrival-Students Absent from School

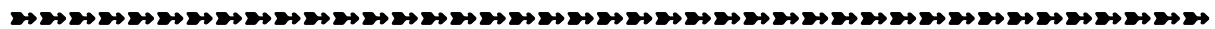
Parents are asked to call the school prior to the morning registration at 8:35 am if your child will be absent. 780-594-5623. This way we can be sure your child is safe.

There is no busing fee. Parents must register their child to ride the bus. Please contact the transportation department 1-877-826-6038



### Reduce- Reuse-Recycle

CLMS is making every effort to reduce paper and waste. You will receive electronic CLMS Weekly Newsletter by email. If you wish to receive a paper copy, please notify your child's teacher or the front office. A copy will be available on our website and on our facebook.



### School Cash Online

Please go to <https://nlsd.schoolcashonline.com> to pay for various school activity fees, to order hot lunch, or to purchase concession cards.



### Subscribe to our Youtube Channel: CLMS Hornets TV

For our daily announcements, please subscribe to CLMS Hornets TV and bookmark it to your favorite at: <https://www.youtube.com/channel/UCLBUR0Rh2Ifv5FB7GPTKBSg/videos>

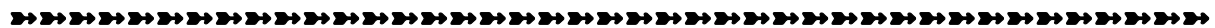


### APPLE School

Kids are worth it. We offer a free healthy breakfast and fresh fruit snacks everyday.

Every Monday we provide salad at no cost to the students, alternating weeks for grade 4-6 and for grade 7-8 students.

Taste test of the month-exotic fruit and vegetables.



### Volunteers

Students and Staff at CLMS would like to welcome all new and returning volunteers to our school. WE APPRECIATE ALL YOU DO!!!



### BOSTON PIZZA

Every time you visit Boston Pizza, save your receipt and give it to us. CLMS will get 5% of the bill back from BP!!!. Thanks for your support!!!

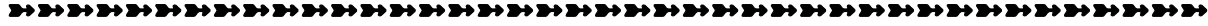


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## Sports Corner



### **Volleyball Practice Schedule (Gr 7 and 8)**

Every Monday and Wednesday 3:30-5:00pm. Games are on Thursday's (except this week they will be on Wed October 4)

**Triple Ball games (Gr 5 and 6)** start Monday October 16, practices are at lunch.



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